Deltona Middle School Health & Sports Academy will focus on the integration and application of the ideas of health, wellness, mindfulness, kinesiology and teamwork.

Students and teachers will:

- Conduct laboratory investigations
- Devise and design individualized training plans
- Complete whole class experiments

Deltona Middle School Health & Sports Academy

Please contact:

## Coach John Cox

jvcox@volusia.k12.fl.us

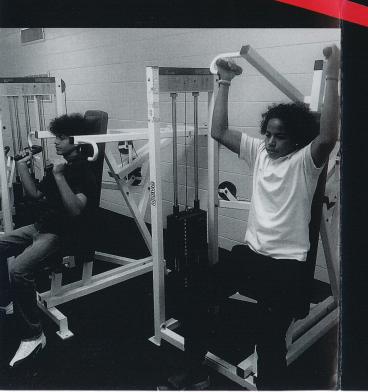
## Ms. Monica Arrington

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(386) 575-4150

250 Enterprise Road Deltona, FL Deltona Middle School









Students will explore the link between the actions of the human body and the basis for those actions



We are combining the fun of sport and the wonder of science

Sport Science Lab will bridge the gap between concepts and application





Athletics will provide the vehicle for engaging students in learning about nutrition, mechanics and training.

